

MINUTES OF THE BOARD OF SUPERVISORS COUNTY OF LOS ANGELES, STATE OF CALIFORNIA

Violet Varona-Lukens, Executive Officer Clerk of the Board of Supervisors 383 Kenneth Hahn Hall of Administration Los Angeles, California 90012

At its meeting held June 8, 2004, the Board took the following action:

64-A

Supervisor Burke made the following statement:

"Diabetes is the sixth leading cause of death in the United States and kills one American every three minutes. In Los Angeles County, more than 474,000 residents suffer from diabetes. Recent studies have proven that diabetes prevention is possible.

"Diabetes prevention can also lower the risk for heart disease, stroke, kidney disease, blindness, amputation, and other serious problems. Diabetes prevention can begin with simple lifestyle changes like making health food choices, reducing the amount of food eaten, and thirty minutes of physical activity at least five days a week."

Therefore, on motion of Supervisor Burke, seconded by Supervisor Yaroslavsky, unanimously carried, the Board proclaimed June 9, 2004 as "Diabetes Prevention Awareness Day" throughout Los Angeles County; and encouraged all residents to become aware of the risk factors which lead to diabetes and the small steps one can take to delay or prevent diabetes and live a long, healthy life.

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Chief Administrative Officer
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